



June is National Safety Month

National Safety Month was established by the United States Congress, on June 13, 2008, as an annual program designed to help eliminate accidents and injuries, which can be extremely costly, especially in these economically-challenged times. Each week of June is designated a different Safety Theme, consisting of Workplace Safety, Driving Safety, Emergency Preparedness, and Home and Community Safety.

The following statistics validate the importance of workplace safety:

- There were 3.8 million disabling workplace injuries in 1998.
- Motor vehicle crashes account for around 20 percent of workplace related fatalities.
- Workplace injuries cost society \$125.1 billion in 1998 - that's equivalent to nearly triple the combined profits reported by the top 5 fortune 500 companies.
- At work there is a fatal injury every 103 minutes and a disabling injury every 8 seconds.

To learn more about National Safety Month visit, <http://www.nsc.org/NSM>.

Source: <http://www.safetylca.org>

Employing Youth During Summer Months Can Lead To An Increase of Injuries

Nationally, about 158,000 teens suffer work-related injuries and illnesses each year. About a third of them require treatment in emergency rooms. Most of these incidents occur in the retail and service sectors. According to OSHA, young workers are at risk because of their inexperience, as well as their physical and developmental characteristics.

Since youth hiring increases significantly during the summer months, it is a good time to remind employers as well as teen workers about the importance of safety in the workplace. While employers are encouraged to provide proper training and safety measures, young workers are also encouraged to chose summer jobs wisely and do their part to adhere to workplace guidelines. Keep in mind safety is not common sense for any worker, particularly young ones.

It takes commitment on the part of employers to ensure that young workers have the proper training and safeguards to keep them safe in the workplace. As leaders in youth hiring, industries such as fast-food, construction, amusement parks, retail and landscaping are encouraged to be especially vigilant. According to some insurance industry resources, summer hires and other employees with less than one year of experience on the job account for nearly half of all policyholder workplace injury claims. The inexperience of workers particularly young ones may result in accidents that can cost them not only their summer, but also possibly their lives. OSHA states employers must provide workplaces free from recognized hazards and employees must be trained in those hazards and comply with related regulations.

Upcoming Events

Training Certification for Drug-Free Workplaces

- 2 hr. Initial Training - \$34 per person
- June 17, 8-10 a.m. Medical Staff Classroom
 - Aug 13, 1-3 p.m. Medical Staff Classroom
 - Oct 15, 8-10 a.m. Medical Staff Classroom
 - Nov 12, 8-10 a.m. Medical Staff Classroom

1 hr. Annual Training - \$22 per person

- June 16, 8-9 a.m. Medical Staff Classroom
- Aug 11, 1-2 p.m. Medical Staff Classroom
- Oct 16, 8-9 a.m. Medical Staff Classroom
- Nov 13, 8-9 a.m. Medical Staff Classroom

Group Classes

With eight or more individuals, classes can be done onsite (at your business or ours). Discount rates are available for classes exceeding 10 employees.

To Register visit:

www.allenocchealth.com or email call Christina Johari at 319-235-5043

First Aid/CPR Class

- August 14, 2009
8 - 1 p.m. Medical Staff Classroom

All registration information for classes can be found on the lower right hand corner of our Allen Occ Health's website home page at www.allenocchealth.com.

June 1 - 7, 2009 is National CPR/AED Awareness Week

In December of 2007, Congress declared the first week of June each year as National CPR/AED Awareness Week. Join this effort by scheduling CPR, First Aid and/or AED training at your business today .

Workplace CPR, First Aid, and AED Training Offered by Allen Occupational Health

Allen Occupational Health offers CPR, First Aid and AED training to suit your company's needs. Classes can be held on-site, or individuals may sign up for classes offered at Allen Hospital. For class information, visit www.allenocchealth.com or call Marlys Nelson, RN, at 319-235-3523.

Finding Suitable First Aid Equipment and AEDs for your Workplace Environment can be Challenging... Allen Occupational Health (AOH) Can Help

Automated external defibrillators (AEDs) are an important lifesaving technology and may have a role to play in treating workplace cardiac arrest. Most sudden cardiac deaths occur outside of the hospital. It is estimated that 5 percent or less of victims of sudden cardiac deaths are successfully resuscitated and discharged alive from the hospital.¹ In a study of Public-Access Defibrillation (PAD), communities with volunteers trained in CPR and the use of AEDs had twice as many victims survive compared to communities with volunteers trained only in CPR.²

Does Your First Aid Kit Meet OSHA Standards? A recent study shows that workplaces still don't own the adequate number of first aid kits for their employee needs. Standards have been set for the work environment by the OSHA (Occupational Safety & Health Administration), a sub-agency of the US Department of Labor. These standards are to insure workplace safety. OSHA requires adequate first aid supplies to be available in the workplace, but they don't require any specific contents. The American National Standards Institute (ANSI) has certain standards regarding the contents.

As per ANSI standard (ANSI Z308.1-2003), kits in compliance with this standard will provide a basic range of products to deal with most types of injuries encountered in the workplace. The assortment of required contents was developed based on treatment for the following potential injuries: major wounds, minor wounds (cuts and abrasions), minor burns and eye injuries. It is important to note that each workplace is unique and, as such, additional first aid products should be selected to augment required contents based on the particular work environment. First Aid kits no longer need to be certified. However, AOH can assist you in obtaining a kit appropriate for your workplace environment.

Emergency Instruction Devices Can Guide First Responders Through Over 30 Common Injuries.

Every minute between the onset of an emergency and the arrival of advanced care is critical. Knowing what to do reduces complications from injuries, saves lives, and controls costs. Emergency safety equipment can protect your company, your employees, and reduces loss. An Emergency Instruction Device may also power up your safety program with patent-pending voice technology for group, or individual training.

1) Culley L., et al. "[Public Access Defibrillation in Out-of-Hospital Cardiac Arrest: A Community-Based Study.](#)" *Circulation Online* (2004, March 15). Also available in Print, *Circulation* (2004, April): 1859-1863.

2) Hallstrom, A., and J. Ornato. "[Public-Access-Defibrillation and Survival after Out-of-Hospital Cardiac Arrest.](#)" *New England Journal of Medicine* 351.7(2004, August 12): 637-646.



First Voice, Emergency Instruction Device



First Aid Kits



Training



AEDs

CONTACT NATALIE KRACHT FOR A DEMONSTRATION TODAY!!! 319-215-9573